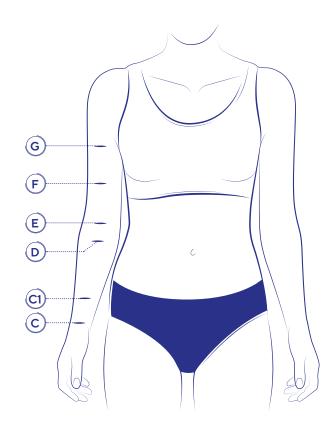
## **LYMPHATREX** Expert

## **ARMSLEEVE**

## Anatomical Markers

- **G** corresponds to the axilla (armpit)
- (F) corresponds to the widest point of the biceps
- (E) localized at the antecubital fossa
- D corresponds to the widest point of the forearm
- (C1) positioned at 6 cm from C
- (c) corresponds to the narrowest point of the wrist

The arm must be in a relaxed position. Measure the heights on the inner side of the arm.



## Measurement Instructions





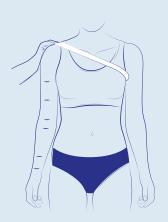
 $\label{thm:measurement} \mbox{Measurement of circumferences (are illustrated here the fold of the elbow and the axilla)}$ 



Important: the heights are taken on the inside of the arm



For a shoulder attachment, take the &GH measurement that goes from the axilla (projected on the outside of the arm) to the bra shoulder harness.



For a shoulder cover, take the chest circumference (H), from the acromion, passing through the opposite axilla.