## LYMPHATREX Expert **STOCKINGS**

## **Anatomical Markers**

- (K) is located at the crotch (pantys/tights)
- (H) corresponds to the widest point of the buttocks (pantys/tights)
- (G) is located 5 cm under the gluteal fold
- (F) equidistant point between G and E
- (E) corresponds to the middle of the patella
- (D) is located on the head of the fibula (3 4 cm under the patella)
- (c) corresponds to the widest point of the calf
- (B1) corresponds to the start of the calf muscles
- (B) to be measured at the narrowest point of the ankle
- $(\mathbf{Y})$  goes through the instep and the tuberosity of the calcaneus
- (A) goes through the heads of the metatarsal bones (at the widest point)

All markers must be positioned on the external face of the leg. Do not forget to measure and indicate desired foot lengths (inner/outer). For a garment with open toe: please provide heel to toe tip measure. For a garment with closed toe: please provide heel to desired knitting stop measure.

## Measurement Instructions





Circumference of the instep



Circumference of the ankle (the narrowest point)



Circumference of the thigh (at the gluteal fold)



Circumference of the hips



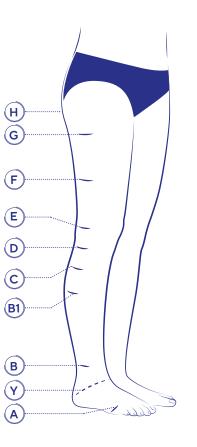
Measurement of the heights (position the meter on the external face of the leg)



of the buttocks



Circumference of the waist (or indicate the circumference at the desired height)



Circumference of the head of the metatarsals bones



Panty/tights: the starting point for  $\ell$  GK,  $\ell$  GH and  $\ell$  GT is the pubic symphysis. These measures must follow the buttocks volume.